## PACIFIC ARTS KENPO ACADEMY Class Schedule

| Mon                         | Tue                        | Wed                        | Thu                             | Fri                         | Sat                             |
|-----------------------------|----------------------------|----------------------------|---------------------------------|-----------------------------|---------------------------------|
| Self Defense                | Sparring                   | Forms                      | Specifics                       | Open                        | Specifics                       |
| <b>5:00-6:00</b> Beginners  | <b>5:00-6:00</b> Beginners | <b>5:00-6:00</b> Beginners | <b>5:00-6:00</b> Beginners      | <b>5:00-6:00</b> Beginners  | <b>9:00-10:00</b> Beginners     |
| <b>6:00-7:00</b> Beginners  | <b>6:00-7:00</b> Beginners | <b>6:00-7:00</b> Beginners |                                 | <b>6:00-7:00</b> Beginners  |                                 |
| Intermediate                | Intermediate               | Intermediate               | <b>6:00-7:00</b> Intermediate   | Intermediate                | <b>10:00-11:00</b> Intermediate |
| <b>7:00-8:00</b> Adult Only | 7:00-8:00                  | 7:00-8:00                  | <b>7:00-8:00</b> Advanced Green | <b>7:00-8:00</b> Adult Only |                                 |
| Beginner/Intermediate       | Beginner/Intermediate      | Beginner/Intermediate      | & above                         | Beginner/Intermediate       | <b>11:00 - ?</b> Adult Only     |

Students may attend as many classes as they like. No limits

Adult Only classes for Ages 12 and above

Beginners classes will cover basics. As these classes are obviously for beginners they are also recommended for intermediate and advanced occasionally. Its important to keep up on your basics!

Intermedate classes for Orange & above

Advanced classes for Green & above only. No exceptions!

